



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



F.No./CBSE/Aff/2023

Date: 17.03.2023
Circular No: Aff- 07/2023

To,

All the Heads of Schools Affiliated to CBSE

Subject: Commencement of Annual Academic Session from 1st April to 31st March-reg.

1. It has been noticed that some of the affiliated schools have started their academic session quite early in the year. Attempting to complete an entire year's worth of coursework in a reduced timeframe poses risks for students who may get overwhelmed and struggle to keep up with the pace of the learning, leading to anxiety and burnout.
2. Furthermore, it leaves little or no time for extracurricular activities such as Life Skills, Value Education, Health and Physical Education, Work Education, and Community Service, which are just as important as academics.
3. The Principals and Heads of Institutions of the schools affiliated with the Board are, therefore, advised to refrain from beginning academic sessions before **April 1st each year** and strictly follow **Academic Session from 1st April to 31st March**.

Anurag Tripathi

Anurag Tripathi
Secretary

Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jee Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Commissioner of School Education, Department of School Education, Govt. of Andhra Pradesh
5. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001.



"शिक्षा केन्द्र", 2, सामुदायिक केन्द्र, प्रीत विहार, दिल्ली-110092
"SHIKSHA KENDRA" 2, COMMUNITY CENTRE, PREET VIHAR, DELHI-110092





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6. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005.
7. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
8. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
9. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
10. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
11. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
12. The Director of Education, S.I.E., CBSE Cell, VIP Road, Junglee Ghat, P.O. 744103, A&N Island
13. The Director of Education, School Education Department, Govt. of U.T. of Ladakh.
14. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
15. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
16. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRS Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
17. Deputy Secretary to Chairperson, CBSE
18. CVO/All HoDs/Regional Directors of the Board.
19. Regional Officers/Heads of CoEs of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
20. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
21. In-Charge, Library
22. Record File

Anurag Tripathi

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Secretary



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